But I tell you who hear me: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. If someone strikes you on one cheek, turn to him the other also. If someone takes your cloak, do not stop him from taking your tunic. Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. Do to others as you would have them do to you.  

How? How is it possible to love your enemies? To turn the other cheek when we are struck? To bless those who curse us?

Of all the challenges that Christ lays before us in the Gospels, these are among the hardest to live by. When every nerve in our body screams at us to strike back if someone hits us, this seems unthinkable. Yet what God is asking us to do is to break the cycle of violence and hate. Turning the other cheek is sometimes portrayed as cowardly, yet nothing could be more courageous than to love your enemy.

Mary MacKillop was an enemy to no-one, but she had her enemies. What is so remarkable in her writings is the sympathy and understanding she extends to those enemies. Time and again, even grievously wronged, she prayed for those who opposed her and even vilified her. In a very real sense, she lived those words above, trusting in God.

Commencement Liturgy
The Commencement Liturgy for 2011 will be a very special event. It will be held on Friday, March 11 at Sacred Heart College and will be celebrated by Archbishop Adrian Doyle. The major focus of the Commencement Liturgy will be the marking of the transfer of Governance of Sacred Heart College as the Sisters of St. Joseph formally hand over the College to the Archdiocese. This is an event of major significance in the history of our College and we warmly invite all parents to attend. A letter will be sent home to all families with further details. To mark the event and to allow students to prepare, we will be having a half day holiday on Friday the 11th of March, with classes concluding at 12.30 p.m. All buses will run at 12.30 p.m. rather than the normal time on that day. Supervision will be provided until the end of the day for those students who may have difficulty getting home at 12.30 p.m. The formal ceremony will commence at 6.30pm and students, families and guests are asked to arrive at 6.00pm in readiness for the ceremony.

This year’s Commencement Liturgy will obviously have a very deep significance for all in our community, but especially for the Sisters of St. Joseph who hand over the governance of Sacred Heart College after 123 years of education at Sacred Heart. It is an expectation that all students attend the Commencement Liturgy and parents and friends are warmly invited to attend also. If your son or daughter is unable to attend for any reason please forward a letter to the Principal requesting an exemption.
Swimming Carnival
Congratulations to Quinlan House on their win in the Secondary Swimming Carnival on Wednesday. We had a wonderful carnival thanks to the great turnout (one of our best ever) and the active support of our parents and volunteers on the day. Sincere thanks to our Events Co-ordinator, Mr. Adam Mills and the staff on another great carnival. Best wishes to all our Age Champions. Please find the results included.

Primary Swimming Carnival
All parents are welcome to attend our Primary Swimming Carnival at the Glenorchy Swimming Pool on Friday. These are great events offering an opportunity for our swimmers to shine and for all students to have lots of fun. Please come along and help us celebrate the sporting life of our College.

VET Information Evening
All parents and students currently enrolled in VET (Vocational, Education and Training) courses or Introduction to VET courses, or those who are interested in enrolling in the courses when they are in Years 9 or 10 are invited to Guilford Young College (Glenorchy Campus) at 6.30 p.m. on Thursday night for an information evening. This will be an excellent opportunity to find out more about these new and highly valuable courses now offered at Sacred Heart College.

Student Achievement
Lachlan Steele (4 White) competed in the Devonport Statewide Swimming Medal meet last weekend winning a gold medal in the 200 Individual Medley and silver medals in the 50m Butterfly and 50m Backstroke for 9 year old boys. His sister, Hannah Steele (8 Gold) won a silver medal in the Women’s 200m Butterfly. Hannah went on to swim in the 1.6km Trans Derwent swim at the Hobart Regatta on Monday finishing 26th out of 65 competitors. Hannah was the 11th female over the line in the time of 20 mins 25 secs. Congratulations and well done to you both!

Zac Coppleman (so Gold) recently competed in an International Open Judo Competition in Canberra in the cadet division and achieved a silver medal. He was only beaten by the current Australian Champion. This result has seen Zac being chosen to compete for Australia in the Oceania Judo Championships in Tahiti in April—we wish Zac every success. Alice Coppleman (Leaver 2009) is the current Australian champion in the Women’s Uf48kg division and in October 2010 competed in the World Championships in Morocco. We wish Zac and Alice every success!

Congratulations to Daniel Watkins (so Blue) who recently competed in the Australian Open Slalom Kayaking 2011. Daniel came 5th in the Junior Men’s K1 event and came third in the Junior Men’s C1 event and has been selected in the 2011 Australian Junior Slalom Team. He is the only Junior male to meet the criteria to represent Australia in both C1 and K1 disciplines.

Craig Deayton
Principal

CANTEEN NEWS
During the last week we have been running a competition to name the Sacred Heart College canteen. The competition was won by a group of girls in Grade 6 they are:- Petra Lesek, Courtney Wright and Courtney Eyles. The new name of the canteen is "THE DAILY BITE". Congratulations girls. I would like to thank Ms Mel Francis for all her efforts during the competition.

SACRED HEART TENNIS COACHING
Tennis coaching commences on Friday, 25th February after school for both senior and junior campuses. There are still limited spots so please call coach Marty Nidorfer on 0437310504 for further information.
Also off campus coaching information for Kinder, Prep and Grade 1 is included.

GUITAR LESSONS
Mr Lowe will be starting guitar lessons from next week on a Monday, Mr Lowe is currently studying his masters of teaching online, and he has also major in classical guitar at the conservatorium of music. He can teach all styles of guitar playing, including Rock, Classical, Jazz and Flamenco. Tim is available to teach in and out of school hours, at $20.00 per half hour.
If you are interested or would like more information, please contact Tim on 62644435 or mobile 0406908749, or via e-mail lowet@utas.edu.au
GRADE 7 WELCOME BBQ

It was fantastic to see so many parents, students and teachers at the Welcome BBQ on Thursday 10th February. Thankfully the rain stayed away for the relaxing afternoon. The BBQ gave parents the opportunity to see where their child spends the majority of their school day and also meet with Home Room teachers to find out the routines and expectations of the College. Our Grade 7 Home Room teachers this year are; Ms Meredith Balfe – 7 Red, Ms Emily Wilkins – 7 Blue, Mr Frank McLeod – 7 White and Mr Simon Waiss – 7 Gold.

I’d like to thank the numerous staff members who offered assistance in a variety of ways.

I would like to take this opportunity to say that the Grades 7’s have made a great start to the year, with the majority looking very smart in the correct College uniform. This is the way we would like to continue and we’re confident this will occur with staff, parents and students working together as a team.

Ms Karen Pape—Grade 7 Co-ordinator

LESS OF OUR LIGHT MORE STAR LIGHT

Join the 6th worldwide GLOBE at Night 2011 campaign:
March 24 - April 6 (Southern Hemisphere)
What: The Globe at Night Campaign
When: 8pm to 10pm local time, February 21 - March 6, 2011
Where: Everywhere
Who: Everyone
How: See http://www.globeatnight.org

GLOBE at Night encourages citizen-scientists worldwide to record the brightness of the night sky. During 2 winter/spring weeks of moonless evenings, children and adults match the appearance of a constellation (Orion in February/March and Leo and Crux in March/April) with 7 star charts of progressively fainter stars found at www.globeatnight.org. They then submit their choice of star chart on-line with their date, time and location to help create a light pollution map worldwide. The GLOBE at Night 2011 campaign dates are February 21 – March 6 (worldwide) and March 22 – April 4 (for the Northern Hemisphere) and March 24 – April 6 (for the Southern Hemisphere). 52,000 measurements have been contributed from more than 100 countries over the last 5 years of two-week campaigns, thanks to everyone who participated! This year children and adults can submit their measurements in real time if they have a smart phone or tablet. To do this, you can use the web application at www.globeatnight.org/webapp/. With smart phones and tablets, the location, date and time are put in automatically. And if you do not have a smart phone or tablet, there are user-friendly tools on the GLOBE at Night report page to find latitude and longitude. Through GLOBE at Night, students, teachers, parents and community members are amassing a data set from which they can explore the nature of light pollution locally and across the globe. Please make a difference and join our efforts in 2011.

PRIMARY AND SECONDARY MUSIC

My name is Ann Godber and I am replacing Mrs Carmelita Coen for some weeks in term one. New developments in the music program see all Year 5's joining the Year 6 students in the adventure of learning a concert band instrument. It is hoped that this will ensure further development of instrumental and class band skills.

The senior string ensemble and concert band rehearsals started last Thursday at 8am. A reminder for those band members to dust off their instruments and join us. Kind regards

Ms Ann Godber Primary/Secondary Music

Open Boys Champion Jordan Bromfield getting ready to race in the Open Boys Backstroke Event

IMPORTANT DATES

FEBRUARY

25 Primary Swimming Grades 3-6
28 LV Parents Auxiliary

MARCH

3 Early Childhood Swimming Carnival
8 Fundraising Meeting 7pm—Staff Room 7pm
9 Ash Wednesday
11 COMMENCEMENT EVENT
12
16 P and F Meeting (NB Change of date) 7pm Secondary Library
21 Parent Teacher (Primary)
22 Parent Teacher (Primary)
NEW TOWN CAMPUS

Value of the Week: “Self-Discipline”
Proverbs 4:13 “Hold firm to what you have learned. Never forget it. Guard it well for it is your salvation.”
We all have to learn new things: we never stop learning!!

Dear Parents,
We have had a wonderful start to the year here at the New Town Campus!! I would like to thank all Parents, Students and Staff for the enthusiastic and positive way in which the year has begun. It is great to see so many students coming to school well presented and wearing their uniforms proudly. We also see lots of smiles, happy “Hello’s” and excellent use of manners which makes for a great day at school.

Parent Information Night
Thank you to all those parents and guardians who attended our Parent Information Night last Tuesday and Wednesday Evenings. I am sure that these evening were enjoyable and informative on how your child spends their days with us at school. Please do not hesitate to contact your child’s class teacher to make an appointment with them if you have any further queries or concerns that were not covered during these sessions. A big vote of thanks goes to all staff for your preparation and participation in the evenings. Thank you.

Curriculum Initiatives – “Better Buddies”
We are working hard at present to develop new initiatives involving the use of “Buddies” at school. Fitting in well with lifting the profile of “House Spirit” and “Learning Heroes” around the College, we will be implementing a Buddy Program that will involve our Grade 6’s becoming the Lead Learners of mixed aged groupings of students from P - Gr 4. These groupings will also be operating in “Houses” and will undertake set learning opportunities as sourced from programs such as Peer Support Australia, The Better Buddies Program and Making Jesus Real Program (MJR). Activity times have been timetabled to take place on the alternate Thursday afternoons from assemblies. And the Grade 5’s do not miss out!! They will also have the opportunity to be Lead Learners as they buddy up with the Kindergarten students. We have for the first time both Kindergarten classes here on Thursdays, so they are also able to participate fully in this program. The program format is still taking some tweaking, but we hope we will begin within the next few weeks.

“House” Placements for P - Gr 2
As a result of the curriculum initiatives we are undertaking, it has been necessary to return to the policy of placing younger students into “Houses”. This allocation process has taken place, with all students from Prep – Gr 2 being allocated a House based upon where their siblings were placed or to ensure an even spread of numbers. Mrs Julie Eaton has placed an order for smaller sized house polos and we will let you know via this newsletter when they are available for purchase from the uniform shop.

These shirts can be worn for Physical Education Lessons, “House” activities at school and of course the Sport Carnivals. Thanks Mrs Eaton for arranging this order so quickly!!!

Sandshoes and Daily PE
As we value the importance of Daily PE set aside each day, we would like to encourage all students to bring along their sandshoes for this timeslot. It is important that children have the correct footwear when undertaking physical activity and it also provides some protection for school shoes that can become damaged and worn. Students must continue to wear their school shoes to and from school, but can pack their sandshoes in their bags for Daily PE and break times.

San Carlo Mass & Procession
On Sunday 13th February 2011, the Italian Community of Hobart celebrated the Feast of San Carlo Borromeo. The following students represented Sacred Heart College: Emmanuel Giameas, Bella & Sofia Cavarretta, Harry Davies, Matilda Rowe, Alessia Colanzi, Bryana Cooper-Rozynski, Jenna Carmichael, Keeley Ortman, Paola Facchin, Mark Ortman, Amy Woolley and Maggie Wood from Dominic College.

The celebrations began with a Mass celebrated by Archbishop Adrian Doyle and Father Brian Nichols at St Mary’s Cathedral, followed by a procession of the Saint through the streets of North Hobart to the Australian Italian Club. A number of families stayed for a traditional Italian lunch.

Thank you to all who participated and represented Sacred Heart College. The San Carlo Association passed on their thanks and delight to see representatives from Sacred Heart College involved. Well done! Romeo Fabrizio – Grade 6R

Primary Swimming Carnival
The Primary Swimming Carnival will be held on Friday 25th Feb at Glenorchy Pool. We encourage full participation from students and parents are most welcome to attend. In the interests of “fairness” and in knowing where students are at all times, we would ask that parents do not take their children out of house groupings to visit parent seating areas or the canteen. Whilst the canteen will be operating, students are not permitted to go to this facility by themselves or with a parent.

We thank you in advance for your support.

Mrs Sue Walker—Deputy Principal – Primary NT

Parents Auxiliary New Town
The AGM for the Parents Auxiliary will be held on Friday 04 March at 2:30 in the Primary Music Room. All Office Bearing positions will be made vacant. If you wish to nominate either yourself or someone else for any of the positions of President, Treasurer or Secretary, please email me at stxjmhh@bigpond.net.au, and if possible attend the meeting. As previously advised I will not be restanding for the position of President. Frances Harris—President
50th Anniversary
In 1961 Immaculate Heart of Mary School was established in the Lenah Valley Parish. In 2005, Immaculate Heart of Mary was placed under the governance of Sacred Heart College. This year 2013, we are celebrating the 50th anniversary of our school. These celebrations will take place in Term 3 and will include the opening of our new buildings and renovation facilities.

We have begun the process of reclaiming and rejoicing in our history and heritage. Many photographs and memorabilia have already been found. We are looking forward to displaying these treasures in the coming months.

‘Chalk Talk’ by Prep Blue
In Prep Blue we have been talking about family and how each of us belongs to a family. We have also been talking about friendship and what it means to be a good friend. These are some of the things that the students from Prep Blue think that they should do to be a good friend:
- Isabella – Help them when they fall over.
- Macwilliam – If they get hurt, take them to Casey.
- Haylee – Help them put things away.
- Oliver – Let them play a game with you.
- Eloise – Help them when they are feeling sad.
- Junior – Care about each other.
- Reuben – When people don’t have a friend, let them be your friend.
- York – Help someone with their bag.
- Axel – Help people when they are in trouble.

Religious Education

MacKillop Spirituality
“The cross appears lighter when carried with Jesus.”
Mary MacKillop, 1874.

When times are tough and we are full of despair, let us remember that Jesus walks with us, right by our side.

St. Mary of the Cross MacKillop,
Pray for us.

Community Prayer
Prayer is a very important part of our day here at Sacred Heart College, Lenah Valley. We understand as a community just how important it is to pray together. We also understand just how powerful prayer can be for those who need our prayers, and that it is an important part of giving thanks for all the wonderful things in our lives.
The Staff at the Immaculate Campus have gathered for Prayer on Friday mornings for a few years now. This is a very special time for us, one that we have found very positive and uplifting. We would like to extend an invitation to all the members of our school community to join us for what will now be called Community Prayer. It will still be held at 8:20 am on Friday mornings and we will use the Music Room for our prayer space. Staff will lead the prayer and would love for you to join us!
Symbols of our Catholic Heritage
You may have noticed when moving through the classrooms that we have recently updated our class crosses and crucifixes. This is just one of many symbols of our catholic heritage that assist us in identifying and naming our beliefs. We will be adding to these symbols as the year progresses, incorporating images of the founders of our College as well as images of significant saints. The crosses and crucifixes are beautiful! They are from El Salvador and we just love the colours and the life they bring to the classroom! Please come and have a look!

Campus Assembly
Assembly's at the Lenah Valley Campus are on Tuesdays at 2.00pm in the hall. Parents and families are more than welcome to join us in this celebration of learning. The assembly begins with prayer that is led by a year group. Classes are then able to share items and activities.

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<th>Lenah Valley Assembly</th>
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<td>Tuesday 2.00pm</td>
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- 1st March - Grade 5
- 15th March - Grade 4
- 29th March - Grade 3
- 12th April - Grade 2
- 10th May - Grade 1
- 24th May - Prep

Swimming Carnival
Grades 3 – 6 are looking forward to the Swimming Carnival on Friday. Events are organised so that all students are able to participate and enjoy the day.
Grades 1 and 2 will enjoy their swimming day on the 3rd of March.
Parents and families are more than welcome to come and support students and to lend a helping hand.

TEAM tickets
To support our Positive Behaviour Strategies based on the C.A.R.E. philosophy, children are being rewarded with a TEAM ticket. These are raffle tickets that are given to students for a range of reasons. It may be the student has been kind, helpful or thoughtful among many other things.
Once a week, a student's ticket is drawn, and that student wins a prize.
TEAM stands for:
T – TERRIFIC
E – ENTHUSIASTIC
A – AWESOME
M – MOMENT

Value and Virtues
This week we have focused on friendship. This value emphasises kindness towards others. The children were asked to think about and discuss ideas such as; what is a good friend, how are you a good friend and importantly why do we need friends?

The next value of self discipline is a more abstract concept. We are focusing the teaching and learning ideas around students being the best they can be. Children can be at school, playing sport, at home or working with others. In all these things we are encouraging them to be the best they can and to do the best they can.

Ms Jacqui Lawless – Deputy Principal- Primary LV
GRADE 10 - VET HOSPITALITY NEWS
Welcome to all Grade 10 VET Hospitality students in 2011. All students have been issued with their Vocational Education & Training Student handbooks and their VET enrolments forms. Could all students please ensure that these forms are fully completed and returned to Mrs McInnes and Mrs Thomson by the end of the week?
We also look forward to meeting as many parents and students as possible at the VET information evening on Thursday 24th, 6.30pm at Guilford Young College in Glenorchy. If any parent has any queries regarding this course, please contact Mrs O’Neill (VET Coordinator), or Mrs McInnes.
Grade 10 VET Hospitality students are currently working on their Present Food studies and should have read through their Present Food sheets ready for their first worksheet next lesson. Those students who have not passed their Follow Workplace Hygiene exams, need to see Mrs McInnes as a matter of priority. VET Tutorials can be arranged at the end of school to assist you with these exams.

GRADE 9 FOOD STUDIES NEWS
Welcome also to all Grade 9 Food students, who will be undertaking their first unit “Follow Workplace Hygiene” in Cert I in SIT10307 Hospitality (Kitchen Operations). All students have also been issued with their Vocational Education & Training Student handbooks and their VET enrolment forms. Could all students please ensure that these forms are fully completed and returned to Mrs McInnes and Mrs Thomson by the end of the week? We also welcome all parents and students who attended the VET information evening on Thursday 24th, 6.30pm at Guilford Young College in Glenorchy. If any parent has any queries regarding the ‘Follow Workplace Hygiene’, VET component course, please contact Mrs O’Neill (VET Coordinator), Mrs McInnes or Mrs Thomson.

GRADE 8 FOOD/TEXTILES
Grade 8 students have chosen their material for the PJ Bags and boxer shorts and are currently working towards their completion. Students must have completed Part A and Part B of their worksheets and handed them in for marking.

GRADE 7 FOOD/TEXTILES
Grade 7 students are reminded to have their apron, hat, container, books and folders when they come to class. Students recently have been making healthy options food of ‘Fruit in a Cone’ and experienced baking for the first time with some delicious ‘raspberry and white chocolate muffins’ hopefully making it home.

GRADE 9/10 CHILD STUDIES NEWS
Child Studies have been investigating what it takes to be a parent and looking at their own childhood with a view as to how they would rate as a parent now, in 5 years time and in 10 years time. This informative learning result has been a surprise to most students, with a realisation of the many factors that are required to raise a child. Forms have gone home for parental permission to attend the informative learning given by Centacare on contraception in the next lesson.
Sacred Heart College Chess Club

2011

Welcome to what I hope will be an exciting year of chess at Sacred Heart in 2010. We look forward to building on our fantastic results from last year. We look forward to developing the skills of our established chess players as well as introducing novices to the wonderful game of chess!

The chess club meets each Wednesday at lunchtime in the Grade 4 classroom (Lenah Valley campus) and in the Library (New Town campus) each Thursday at lunchtime.

The Chess club also meets after school on Mondays (3:15 to 4:45pm) in the New Town Library, commencing 28th February 2010. Primary and secondary students of all abilities and experience are welcome. Formal coaching covering openings, middlegames, endgames, traps, tactics and problem solving activities will be provided as well as the opportunity to play social and tournament games. There will also be the opportunity to receive chess information and tips and coaching direct to your email. Please fill out the expression of interest form below.

Private one-on-one tuition is also available at reasonable rates

Tom Krasnicki
Ph. 0406 504 544
Email: tomandmichelle181@bigpond.com

I would like my son/daughter to receive chess coaching/ chess tips via email

Name_________________________________________________________

Email_______________________________________________________

Signed (parent or guardian) _________________________________

Please send form to Louise Davidson, Chess Co-ordinator via your child’s primary or secondary office.